



Medical Requirements

1. A complete physical *prior* to the weigh-in. The physical must be documented and preferably from the contestant's personal doctor. The physical must have been performed within **12** months of the scheduled contest date to be considered valid. The physical is in addition to the pre-bout physical performed at weigh-in.
2. A *dilated* eye exam performed by an Ophthalmologist *or* Optometrist. A regular eye-chart exam will not be accepted. Approval for unarmed combat must be indicated on the exam results. The eye exam must have been performed within **12** months of the scheduled contest date to be considered valid.
3. A blood test indicating negative results for **HIV, Hepatitis B antigen and Hepatitis C antibody**. The blood test must have been performed within **6** months of the scheduled contest date to be considered to be valid.

COPIES OF THESE DOCUMENTS MUST BE FORWARDED TO THE MILLE LACS BAND ATHLETIC COMMISSION NO LATER THAN 1 WEEK PRIOR TO WEIGH-IN.